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**School lunch program  
2023/2024**





**We welcome all students, parents, AIS staff and the faculty  
to a new exciting school year 2023/2024!**

It will be our pleasure to treat all guests to our versatile healthy cooking styles.

We are specialists for quality foods and healthy nutritious freshly cooked meals.

As a subsidiary company of the Swiss enterprise called SV Group a certain “Swissness” is evident in our processes and standards.

We believe in basics like reliability, quality, dedicated work and cheerfulness.

We focus on hospitality, sustainability, professionalism and freshness.

For us freshness means food freshly prepared on sight, color coordinated and attractively presented.

Cooking for us means: Using fresh quality ingredients, prepared in a caring matter, so that the majority of the minerals, vitamins, flavors and color is preserved. The result is great meals, which are tasty and healthy.

Our range of foods transmits a “natural homemade character”. We celebrate the art of cooking with pride in what we do and offer. The effect: a stimulating food presentation, lots of color on the plate, market freshness as well as regional and seasonal products. We address environmental issues on various levels.

Culinary variety with a smile & warm hospitality is what we stand for.

SV (Österreich) GmbH

[www.sv-group.at](http://www.sv-group.at)

[www.sv-restaurant.at](http://www.sv-restaurant.at)



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## Our daily offers - Breakfast

- Breakfast and morning snacks are offered daily at our coffee shop from 07:35 am to 10:30 am
- For Elementary school students (pk – grade 5) we offer a breakfast program. You can book a breakfast box, delivered to the classroom daily with changing healthy food offerings. Registration needed.



### ES MID MORNING SNACK PLAN

WEEK 21  
22.-26.05.2023



	Rye Bread * / Butter* / Gouda * / Cherry Tomato/ Bananachips /Apple *
TUESDAY	Yoghurt* / Granola / Carrot Sticks * / Fruit Salad * /Corn Sticks *
WEDNESDAY	Graham Roll * / Butter * / Strawberry Jam * / Red Bell Pepper * / Orange * / Curd Cream*
THURSDAY	Wholemeal Toast * / Cream Cheese / Cucumber Sticks* / Banana * / Fruit Yoghurt *
FRIDAY	Ciabatta * / Turkey Ham / Butter * / Rosins * / Carrot Sticks* / Strawberries *

\*All Products marked with a \* are organic products

The "ES Mid Morning Snack" is brought to the class rooms at approx. 09:00.

If you want your child to participate in this program, please fill out our registration form and bring it to me. We can only provide registered students with a "Mid Morning Snack".

If you have any questions, please feel free to contact me under  
phone +43 (1) 40 132 221 or mail [ais@sv-group.at](mailto:ais@sv-group.at)

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## Our daily offers - Lunch

- A “Prepaid school lunch program” offering a daily menu selection with 3 different main courses. We offer daily a vegan dish.
- All our menus contain of soup, salad, and main course. We post our menus on the AIS homepage on a weekly base. ([www.ais.at/](http://www.ais.at/) parents / food service/ current menu plan)

### “SAMPLE” weekly Menu plan

Menu CW19 American International School															
opening hours: Monday to Friday 11.00 - 12.45															
<b>MEATLESS MONDAY</b>		Tuesday 09.05.2023		Wednesday 10.05.2023		Thursday 11.05.2023		Friday 12.05.2023							
<b>SOUP</b>	Minestrone	G	Clear Beef Soup	AC	Cream of Garlic		Clear Beef Soup		Cream of Pumpkin	A					
	...		Noodles	AC	...		Semolina Dumpling	ACB	...						
	Clear Vegetable Soup		Cream of Curry-Cocos		Clear Vegetable Soup		Cream of Zucchini		Clear Vegetable Soup						
<b>CLASSIC</b>	Mexican Burrito	A	Chicken Katsu	AC	Turkey Siskebab		Boiled Beef		Chickenbreast	A					
	Beans, Lettuce		Rice		Sweet Corn	A	Root Vegetables		Vegetable Tarrhonya	A					
	Nachos		Soyasauce	AF	Sweet Potatoes	G	Salted Potatoes		Tzatziki	G					
	Guacamole	G			Salsa Mexicana		Apple-Horse Radish								
<b>VEGAN</b>	Risotto	F	Teriaky Ramen Noodles	A	Gratinated Zucchini		Spinach Strudel	A	Spaghetti	A					
	Asparagus		Tofu	F	Parsley Potatoes		vegan Feta		Lentils-Bolognese	L					
	Rucola		Ricenoodles		Soya Dip	F	Soya Dip	F							
<b>À LA CARTE</b>	Fish & Chips	ACGDR	Turkey Sausage		Lasagne Al Forno	ACG	Mini Spring Rolls	AFN	BBQ Fishilet	D					
			Mashed Potatoes	G			Vegetable Rice		Parsley Potatoes						
			Carrot & Peas						Vegetables						
	Clear Vegetable Soup*		Clear Beef Soup*	AC	Clear Vegetable Soup*	AC	Clear Beef Soup*	ACB	Clear Vegetable Soup*	AC					
	Baked Beans	AC	Noodles		Sliced Pancake		Semolina Dumpling		ABC Noodles						
	Fishfingers	AD	Turkey Sausage		Lasagne Al Forno	ACG	Chicken Ragout		Spaghetti	A					
	Potatoes		Mashed Potatoes	G			Rice		Vegetable Bolognese	L					
	Cucumber Sticks*		Bell Pepper Sticks*		Chinese Cabbage Salad		Cherrytomatoes*		Carrot Sticks*						
	Melon*		Piece of Apple		Fruit Yoghurt	G	Piece of Orange*		Banana						
Our menu contains of soup, salad & main course							Allergen information in accordance with the codex recommendation:								
Pay attention to the liveEasy-Logo. It helps you to nourish healthy and well balanced.							Cereals containing gluten				A	Soybeans	F	Sesame	N
							Crustaceans				B	Milk	G	Sulphite	O
All products marked with a * are organic products.							Eggs				C	Nuts	H	Lupin	P
							Fish				D	Celery	L	Molluscs	R
Dish for "our little ones"							Peanuts				E	Mustard	M		

SV (Österreich) GmbH, American International School, Salmannsdorfer Straße 47, 1130 Wien, Tel. +43 (0) 1 40 132 221, Email ais@sv-group.at

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## Our daily offers – “Fast Dish”

- For our HS students a daily changing “fast dish” option is available in the AIS Café:

### “SAMPLE” weekly Fast Dishes



#### AIS HS “FAST DISH”

WEEK 02  
11.-15.01.2021

11:45 – 12:00 served in our Coffee Shop

MONDAY	Asian Egg Noodles with Mini Spring Roll & Sweet Chili Sauce <sup>ACNO</sup>
TUESDAY	Beef Burger <sup>ACMN</sup> with Pommes Frites & Ketchup
WEDNESDAY	Pizza Turkey Ham & Corn <sup>ACG</sup>
THURSDAY	Pulled Chicken Wrap, Nachos & Guacamole <sup>AG</sup>
FRIDAY	Hot Dog with Wedges <sup>A</sup>

**This offer is for HS students ONLY!!!**

You can ONLY use this offer if:

- You have a valid lunch card
- There's enough funds on your account

Our “normal” selections (menu / pasta / salad / sandwiches etc.) are, as always, offered in the dining room.



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### Further Information

- Vending Machines will provide a selection of sandwiches, snacks, fruits, warm- & cold beverages. This enables our students to satisfy their hunger and thirst during the off buffet hours.
- Our menu plan rarely contains pork dishes – every 4 weeks **one** of the 3 dishes may contain pork but this is clearly marked.  
**PK to grade 1 will never be served any pork dishes!**
- Our menus can be bought individually as well – you do not have to participate in our program but with a participation, a price deduction will be granted.
- Additional to the 3 Menu Lines we offer a daily changing Pasta dish and occasionally a Special of the Day (= a selection of interesting special dishes).
- On regular basis a Sushi Chef offers Sushi & Maki dishes – available for MS- & HS students
- On regular basis a Kebab Chef offers Chicken Kebab – available for MS-HS students
- Salad plays an important role in our culinary choices. At the Salad Bar our guests can choose between at least 6 different fresh salads, a choice of dressings and grains.
- We offer daily a fine selection of freshly made Sandwiches (mainly whole grain)
- Our healthy, homemade Snacks such as sandwiches, yogurts, vegetable sticks, wraps, vital shakes and fruit cups are always offered.
- In the display cases a large selection of Mineral Waters, Fruit Juices, Yoghurt-, Milk- & Whey Beverages are provided.
- **Carbonated Beverages with high sugar content are not offered!**
- At the Coffee Shop we offer a great healthy variety of different foods, snacks & Beverages





## Prepaid school lunch program

SV Group Austria offers and administrates the AIS “**Prepaid school lunch program**” which is provided successfully for many years at the AIS.

The AIS “Prepaid school lunch program” means that, if registered, your child will daily be provided with a fresh, on site prepared, warm, delicious menu made of the best seasonal and regional ingredients possible.

There are several options to choose from - everything depending on which grade your son / daughter is in - and depending on which option you choose. SV Group Austria is granting you a price deduction of 3 - 5 % on the regular menu price depending on your payment decision.

All our menus contain of soup, salad, and main course.

Instead of the warm menu you can choose every food except Icecream.

Please notice that icecream and all beverages (except mineral water) are NOT included in the prepaid program and are billed without exception to the Gold Card Account.

Set ahead, that there is money booked on the Gold Card.

Please notice: The Gold Card is a Pay Card and allows no overdraft.

### Prepaid school lunch programs:

#### PAYMENT – All Grades:

Yearly payment	5 % deduction of our regular menu price
Semesterly payment	5 % deduction of our regular menu price
Quarterly payment	3 % deduction of our regular menu price

#### You can choose:

School lunch prepaid

School lunch with milk prepaid



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### **Grade PK to KG**

Our “little ones” are provided with set hot organic meals (clearly marked on our menu-plan - which can be found on the AIS homepage). They will be delivered to the classroom during lunchtime.

### **Grade 1**

Our “little ones” are provided with set hot organic menu or cold organic menu, which will be delivered to the cafeteria at lunchtime. Every two weeks, parents will receive the menu via mail and are asked to choose the favorite lunch for their child.

### **Grade 2 to Grade 3**

The students have the option to choose from all dishes on our menu plan or choose the cold menu option (take 2 items out of sandwiches, yoghurt or fruit – soup or small salad is always included).

### **Grade 4 to Grade 5**

The students have the option to choose from all dishes on our menu plan. In addition these age groups are offered a “pasta of the day” and “special of the day” - a total of 5 warm dishes to choose from every day.

The Cold menu option is available for them too

### **Grade 6 to Grade 12**

Starting with Grade 6 we offer our students an even wider lunch selection - a large variety of freshly made interesting sandwiches, various fruit salads and other suitable and enjoyable snacks are offered. All Beverages are available at any time.

As a very special offer for High School Students we open the café during their break for a daily “Fast Dish”.



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## Additional Costs

As stated above, with “Prepaid school lunch program” your son / daughter will get a warm school lunch every day.

Regardless of the prepaid program additional costs can occur.

For example:

KG – Grade 1: If your child is not registered in the Milk Program and orders milk or cacao via online menu, additional costs will occur.

Grade 2 & 3: If your child is not registered in the Milk Program and takes milk or cacao from the buffet, additional costs will occur.

Grade 4 & 5: Through the monthly Ice Cream Day on the first school day of the month.

Grade 6 – 12: Through all Consumptions which are not covered by the prepaid program.

The costs for this Special Day Offerings or additional Items are charged to your son / daughter's Gold Card account. **Please assure that there is enough money on the Gold Card Account, if you want your child to participate on the additional services. If your Card Balance does not cover the purchase we are not able to sell you the goods. There is no overdraft possible on the Gold Card.**

Please be assured, that we will work with devotion, professionalism and joy to provide a nutritious, healthy diet and an appropriate offer. We appreciate and welcome inputs and suggestions from the AIS community. We therefore invite everyone who has ideas and / or suggestions to contact us. We will incorporate them as possible.

If you have any questions or need additional information, please feel free to contact our Restaurant Manager at the AIS, Mrs. Sabine Frankl.



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